

# Introducing...

## Teresa Moran



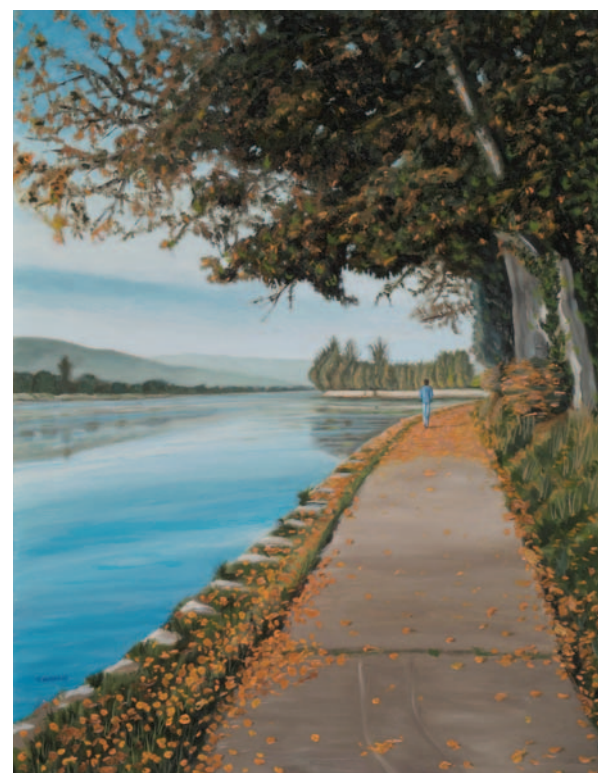
Teresa Moran is inspired by West Cork seascapes, the rich countryside of the Suir valley, the majestic Comeragh Mountains, and the dramatic mountains of Donegal and Kerry

**n**ature is artist Teresa Moran's passion. Her work reflects the beauty and power of the sea, the ever-changing colours of the mountains, and the calming effects of rivers and streams.

"I feel a very strong attachment to the landscape where I grew up, and continue to get a thrill when I create a painting which captures that beauty, and the feeling I get when out walking, or when I stop for a moment to really take in the beauty that is all around us," says Teresa. "My strongest visual memories are of growing up in Carrick-on-Suir, a town with a river running through it, bordering counties Tipperary and Waterford, in the valley of Slievenamon."

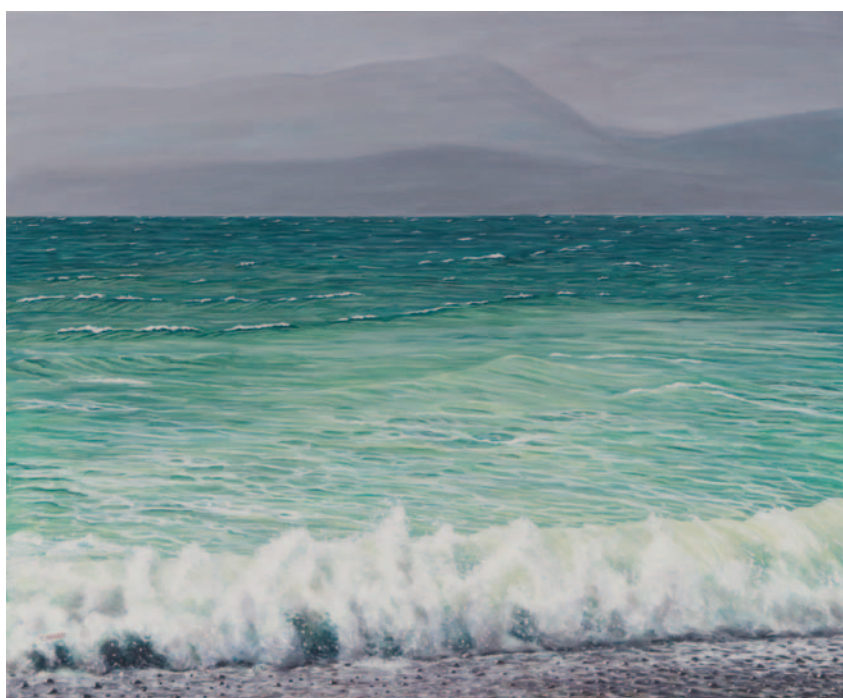
Regular outings varied between energetic walks up to Coumshingaun and Mahon Falls in the Comeragh Mountains, and running along Tramore beach or splashing in its endless waves. Summertime was spent on boats in Bantry Bay with her cousins and maternal grandparents.

"These strong visual memories of landscape were mingled with strong memories of church services - gold chalices, embroidered garments, shimmering candles, rose petals being thrown to the ground during Corpus Christi



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“ Once I go into my studio, peace descends. I paint to the sound of Lyric FM playing softly on the radio, and birds singing outside the window. I don't believe in an artist having to be 'in the mood' to paint. Artists need to be very organized, not only in the way they approach their work, but also in keeping good records, in promoting their work, and in organising exhibitions. ”



anima, the soul,' was a continuous message," Teresa recalls.

On returning to Ireland, she chose to live outside Bantry in west Cork, where she had spent much of every summer growing up. "I love to paint Bantry Bay, in particular the view from Sheep's Head Peninsula looking across to Beara Peninsula. Even in winter the colours are amazing – it's a continuous feast for the eyes."

In December 2005 Teresa was invited to take part in the 5th International Biennale of Contemporary Art in Florence. "It was a real honour for me to be showing my paintings in Florence, the home of beautiful art," Teresa says. Her work was also featured on the television programme Nationwide on RTE. That led to many commissions, including one by a man from the Midlands who asked her to paint the view from his childhood home overlooking Bantry Bay.

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processions, the smell of incense, and harmonious Latin hymns," she says. So, as well as landscapes, Teresa paints spiritual images, in particular angels, taking inspiration from her memories growing up, and from her art studies in Italy.

She admires the work of a wide variety of artists from French artist Alfred Sisley and Italian/Swiss artist Giovanni Segantini to French artist William-Adolphe Bouguereau. Her favourite artists, however, are the Italian Renaissance Masters, in particular Fra Angelico, Leonardo da Vinci, and Giovanni Bellini – so much so that she decided to study art full time in Florence for two years.

"Being in Florence was like a dream come true. The 2-year full time Art course included drawing, painting, printing, fresco and art history. The techniques of the old Italian Masters were studied, and details of their paintings were reproduced using various techniques and media - from egg tempera, encausto, pastels, oils, and watercolours. The instructors encouraged the students to study the technical side of art before going on to develop their own style. They also gave honest feedback. 'Paint from the



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the sound of Lyric FM playing softly on the radio, and birds singing outside the window. I don't believe in an artist having to be 'in the mood' to paint. Artists need to be very organized, not only in the way they approach their work, but also in keeping good records, in promoting their work, and in organising exhibitions. Nowadays, technology and a knowledge of marketing can greatly assist in connecting with potential buyers."

Teresa paints mainly in oils and has several projects on the go at any one time – landscapes, as well as spiritual images inspired by Italian artists or Irish stained glass windows. "Some are commissions while others are scenes I have been inspired to paint myself," Teresa explains. "I paint in thin layers, waiting for each layer to dry before returning to the painting. I can spend months on a painting, and won't decide it's finished until it's got the look that I want. For my landscapes, that means that it must give me the feeling that I'm right there in nature. The feeling must be uplifting, which I hope will give the viewer a sense of the joy - and power - of nature. My original oils on canvas are also available as limited edition works on paper or canvas, which makes it very affordable, but also easy for posting as gifts."

For her spiritual images, she uses the colours of

International Gothic art and tries to create a sense of beauty, power, and serenity. "Centuries ago, gold and silver and precious stones would have been used to create a magical effect with the candles in the church. To reflect this, I often use gold or silver leaf, and sometimes diamantés."

She is currently working on a series of seascapes of the warm turquoise water of the Caribbean which she visited for the first time in 2012.

Teresa's work is on display in several organisations including INTO and well known personalities such as ex-Minister Martin Mansearagh have purchased her art, "I get great pleasure when a Dad buys a painting or limited edition on canvas of a local scene for his son or daughter living in Australia, or when someone wants a painting of a scene that means a lot to them, and they feel that I have captured it."

*Her work is currently on display at the Skibbereen West Cork Hotel, Bantry Photo Gallery, and Ardmore Gallery & Tea Room (Co. Waterford).*

*Teresa welcomes commissions of landscapes and spiritual subjects. To see examples of Teresa's work, visit [artbyteresamoran.com](http://artbyteresamoran.com) and [halosandwings.com](http://halosandwings.com).*

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